



Arsha Vidya Research  
& Publication Trust

Presents

# AN INTRODUCTION TO VEDANTA

- A SERIES ON UNDERSTANDING HUMAN PURSUITS -

Join this five day interactive workshop which will provide an overview of the vast subject that is Vedanta. Vedanta remains a perennially valid means of knowledge, passed down through the lineage of Gurus- to this day. Learn how to bring this knowledge into your everyday living and transform your life through clarity of thought and right perception. Vedanta helps to handle work, relationships and challenges, however great and insurmountable they seem, with much ease and dexterity.

We welcome you to join us on this journey of self discovery.

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Venue: Arsha Vidya Research & Publication Trust  
No.4 Desika Road, Mylapore, Chennai - 600 004.

October 10 - 15, 2022 | 6:30 pm to 7:30 pm

Available via zoom aswell.

To confirm your participation call 91 95000 60154  
or email: [avrapt@gmail.com](mailto:avrapt@gmail.com)



## THE TEACHER

*This course is presented by Brahmacharini Nandana Chaitanya a student of Swami Dayananda Saraswati. She was appointed as the Editor-in-chief of Arsha Vidya Research & Publications Trust. Currently, Brui. Nandana Chaitanya is based near Oxford in the UK, and takes live and online sessions from there. She will be in India to start this Introduction to Vedanta series.*

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