



Arsha Vidya Gurukulam

(Sruti Seva Trust), Anaikatti

*is pleased to announce
residential retreats with*

Swami Shankarananda Saraswati
on the following topics



Dṛg-dṛśya-viveka Part-1

Retreat ID VE22-2B

19th Nov – 26th Nov
2022

This retreat will dwell on the verses 1 to 31 of the text *Dṛg-dṛśya-viveka* which constitute a complete *prakaraṇam* and present the vision of Vedanta along with meditations to help gain abidance in that vision.

Kathopaniṣad Part-1

Retreat ID VE22-04

27th Dec – 31st Dec
2022

The retreat will help one see the Vedic vision of what the maximum potential of human life is and what makes one qualified for pursuing it through a dialogue between Nachiketas and Lord Yamaraja. The retreat will be based on the first *valli* of *Kathopaniṣad* and the *mantra* 2-2-13 in the same *upaniṣad*.

Guided Meditations and Q&A sessions are part of the program

For registration, please visit www.arshavidya.in

For further details, kindly contact the office through phone or email

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