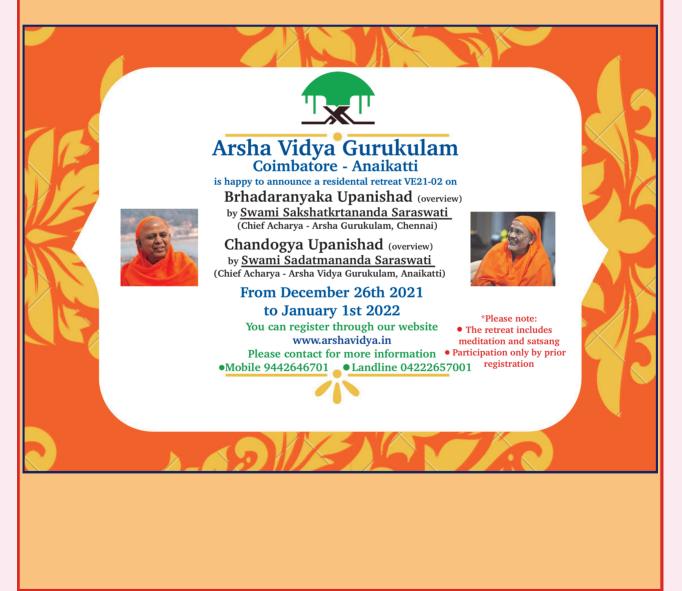
We want the mind to be our friend; we don't want it to create obstacles in our path. We want the mind to always be available to us.

*Om śāntiḥ śāntiḥ śāntiḥ*. Let there be peace, peace, peace. May there be no obstacle to the peace of the mind stemming from the factors relating to the individual personality, from those relating to the elemental forces, and those controlled by the cosmic forces.

The prayer is for gaining a mind that is composed, conducive, and fit for learning from or listening to the teacher.

To be continued...



Arsha Vidya Newsletter

September 2021