

Lecture session on 'Nalladhoru Kudumbam' (Happiness in Family Life) in Chennai



H. H. Swami Buddhatmananda, Acharya, Sat Darshana Kutil, Arsha Vidya Study Centre, Dindigul, commenced a series of lectures on the topic 'Nalladhoru Kudumbam' (Happiness in Family Life) on 15th August at Soundareshwarar temple in Saidapet, Chennai. The first talk of the once-a-month lecture series in Tamil was attended by nearly 100 people who were presented insights on the need for true independence from problems in life.

Dr. T. S. Sridhar, I. A. S, Retd. Additional Chief Secretary, Govt. of Tamilnadu, presided over as Chief Guest of the occasion. During a brief inaugural session, Dr. Sridhar spoke on the need for Satsang and yagnas for the development of society. His talk was followed by a group of devotees and

students, some of whom had traveled from different parts of Tamil Nadu to attend the talk, sharing their experiences during their association with Swamiji. True happiness and delight of having been blessed with an opportunity to serve Swamiji was seen in their eyes.

In his lecture Swamiji gave an outline of the topic with a detailed introduction about the need for such lectures. The need for living a happy life free from all problems was the main theme of the talk. All of us would like to be happy; there is not a single soul in this world who would desire to be unhappy; but how is it possible to be happy in such an 'IT-dominated' world where one gets time for everything except himself? Such questions were taken up and answered in a manner befitting people from all walks of life and age groups.

It is depressing to know that parents hardly spend time with children in most homes today. Our homes give an indifferent competition to orphanages, making children yearn to spend time with their parents. This has emerged as an important problem in recent times and has surmounted parents, making them guilty of such a bitter truth. While one ponders over these questions, the answers are well and truly within our minds. Swamiji's presence made the audience realize these crucial issues and sparked off a thought process in their minds.

Swamiji concluded with a roadmap on what is to come in the upcoming classes from September. People were enthralled and many expressed their eagerness to be part of future lectures too. With Swamiji's sense of humour, backed by subtle ideas, the session was a spiritual delight for all blessed participants.