



**Arsha Vidya Gurukulam**  
(Sruti Seva Trust), Anaikatti

*is pleased to announce  
a residential retreat with*

**Swami Shankarananda Saraswati**

*on*

**Kathopanishad**

*from*



**21<sup>st</sup>Dec – 31<sup>st</sup>Dec, 2023**

In this retreat, Swamiji will be unfolding the mantras of the second chapter of Kathopanishad in which Lord Yama teaches his student Nachiketas, the knowledge that liberates one from all sense of lack.

The retreat will begin with a summary of the first chapter of the Upanishad.

**Guided Meditations and Q&A sessions are part of the program**

For further details, kindly contact the office through phone or email

**Email :** [office@arshavidya.in](mailto:office@arshavidya.in) **Phone :** +91-9442646701 , +91-422-2657001