



# Arsha Vidya Gurukulam

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## e-Retreat

### Mandukya Upanishad

Conducted by



### Swami Viditatmananda Saraswati

President, Arsha Vidya Gurukulam, Saylorsburg, USA

Chairman, Adhyatma Vidya Mandir, Ahmedabad

to be held online from 27<sup>th</sup> December, 2020 to 2<sup>nd</sup> January, 2021

(Daily three sessions)

Morning meditation and evening Satsanga will be conducted by

### Swami Sadatmananda Saraswati

Chief Acharya of Arsha Vidya Gurukulam, Anaikatti

For participation please register through [www.arshavidya.in](http://www.arshavidya.in)

To watch live stream of the programme, please visit our website or



"Arsha Vidya Gurukulam, Anaikatti"