

Swami Sudheerananda's Sadhana Camp at Rishikesh



Swami Sudheerananda of Arsha Vidya Vardhini Trust, Coimbatore conducted sadhana camp between 23rd April and 29th April 2011 at Swami Dayananda Ashram, Rishikesh. All the thirty three students of Swamiji were benefitted immensely.

Students started the day with puja at Sri Gangadharieswar Temple. There was guided meditation by Swamiji after that. There were three Vedanta classes daily, two in the mornings and one in the evenings. Swami Sudheerananda taught Drk drisya viveka of Sri Sankaracharya and Upadesha Saram of Bhagavan Sri Ramana Maharishi. Brahmacharini Mahalakshmi led the Bhagavat Gita chanting. The students enthusiastically took part in the evening puja at the temple. The day concluded with Satsangh by Swamiji.

The campers visited Haridwar on 26th April. They worshipped Ma Chandi Devi and Ma Manasa Devi. They also took part in the Ganga arathi at Haridwar.





The campers sponsored biksha on 27th April. They also arranged for bhandara on 28th April. The students took part in the Ganga arathi at Rishikesh Ashram on 27th and 28th April evenings.

On the concluding day on 29th April, the students thanked Swamiji for arranging this spiritually uplifting camp and requested him to arrange such camps annually. They profusely thanked the ashram authorities for the excellent arrangements made for the camp.

Report by Sri Thinnappan .K



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