

Pujya Swamiji's Camp at Rishikesh on Panchadasi



Pujya Swami Dayananda Saraswathi conducted Panchadasi Chapter I camp at Rishikesh from 24th February 2010 to 4th March 2010. Around 200 students participated in the camp.

The day started with puja at Lord Gangadhareshwara temple. Pujya Swamiji conducted guided meditation every day morning. He took three Vedanta classes every day. There were also classes by other Teachers on Sanskrit, Chanting and Yoga. In the evening there was puja at the temple. Ganga arati was also done on the bank of the river. Late in the evening there was satsangh session. Pujya Swamiji answered the questions of the campers.

Pujya Swamiji told that the guided meditation conducted by him was reality meditation. Swamiji said that one is non demanding and objective of nature. One should have the same objectivity while dealing with relatives. One should understand and accept that their relatives cannot be any different due to their background. Swamiji instructed to watch the sense of touch in different parts of the body. Swamiji explained that this sense of touch is consciousness. Swamiji also instructed to watch the chanting of a mantra. He explained that the chanting is consciousness and the silence between chanting is also consciousness. One should understand that consciousness is I , the atma.

Pujya Swamiji told that Chapter I of Panchadasi reveals the entire teaching of Vedanta. Chapter I of Panchadasi can be taken as expanded version of Tattva Bodha.

Only a person following a life of dharma can gain this knowledge. Ahankara is resisting the flow of knowledge. Consciousness during pleasant experience as well as unpleasant experience is the same. One cannot get freedom by getting away from one thing to another thing. One should discover freedom from his own place. One should understand the scheme of things, time wise and place wise. One should play his role and script cheerfully. Then only one can experience equanimity of mind.

Aham Samvit. I the atma is satyam, jnanam, anantam Brahman. Happiness is not an object. Happiness is the subject. One



need not fulfil a desire to be happy. Desire is a privilege. One can make effort to fulfil one's desire. But one should not convert this privilege into bondage.

The life of an individual is never separate from the total. One has to connect oneself with the total. Till then there is no respite.

*Report by
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