

aham, upalabdhi svarūpa aham). I am the awareful being, complete and just 'BE.'
So, now the whole study of satyam, oneness of life and just 'BE' is the only paradigm to be understood and lived. 'I the awareful being,' 'ayam atma brahma', just leave out everything that I am aware of, my body, mind, senses; others' body, mind, senses, all subjects and objects, everything other than 'I the awareful being.' It is that easy. Right from our body to all that is mentioned here involves all the means of knowledge handled by the mind and senses, always incomplete and subject to negation or improvement whereas 'I the awareful being' 'is' and 'aware-knowing' per se; nothing to know of by mind and senses. I the awareful being is satyam, complete and everything else come under mithyā and naturally changing. Just transact with them as well as you can with the whole-hearted understanding 'I am satyam, brahma.' Let life be dedicated to understanding and claiming this completeness, satyam life. Om Tat Sat

Swami Ramesvarananda Saraswati
Jñāna Pravaha – Vedanta Study Centre, Manjakkudi

Arsha Vidya Research and Publication Trust - Appeal for Sponsors

Arsha Vidya Research and Publication Trust, Chennai plans to publish soon Māṇḍūkya Upaniṣad with Gauḍapāda Kārikā and Śaṅkara Bhāṣya as taught by Swami Dayananda Saraswati during 1992-93 for the three-year course students in Vedanta and Sanskrit at Arsha Vidya Gurukulam, Anaikatti, Tamil Nadu, India. The estimated cost of Publication is Rs.7,00,000/-.

We invite sponsors to generously donate to facilitate the publication to the satisfaction of all readers young and old.

Kindly send your donations to:

Account Holder: Arsha Vidya Research and Publication Trust

State Bank of India, Alwarpet, T.T.K. Road, Chennai- 600 018, India.

Tel: 044 - 2499 2397/2498 8145

Branch Code: 2190

Account No: 30003356440

Type of Account: Current Account

IFSC/NEFT code: SBIN0002190

SWIFT CODE: SBININBB29