

Swami Brahmaparananda Saraswatiji

Workshop Arsha Vidya Tirtha, Jaipur

One Week Workshop on" culture, value education" for young tribal girls - 23 April to 28 April 2017 - Udaipur

In sequel of such workshop being earlier organized at FSH at Jaipur/Udaipur, a workshop of six days on culture, value- education for tribal girls of Udaipur area was organized at Udaipur FSH. In all 16 students of class X and above (including brother of two girl participants') participated in the program.

The following subjects were covered during this workshop:

- **A daily routine from 5 am to 10pm;**
- **Morning Pooja, yogasana, meditation;**
- **Knowledge of Vedic Cultue, Deities, Pauranic/Panchatantra stories;**
- **Importance of hygienic-education and potentials in life;**
- **Developing team spirit and leadership qualities through various games;**
- **Chanting of Mantras, Stotras and Bhajans;**
- **Knowledge of important Indian Festivals, importance of Tradition and Nature/ Ecology in daily life;**
- **How can they contribute to society ensuring self-development by starting Sandhya Gurukulam in their respective areas.**

We also propose to have a follow-up two-day workshop in the last of June or first week of July 2018.

Four volunteers came forward to start *Sandhya Gurukulam* in their respective villages. Several donors came forward to sponsor for food, study materials and, as such, the entire cost was met out by the sponsors. A Shawl as a memento was also give to each participant.

Guru Bhai *Swami Aishwaryanand Ji* (Indore) AND *Swami Muditavadananandaji* (Nadiad-Gujarat) graced the occasion contributing to the entire Workshop. The Centre and participants' are grateful for their presence.

Happy to share few photographs for the workshop.



Traditional welcome of Swamiji's



Dhyanam class

**-Reported by
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