## 14<sup>th</sup> Anniversary Celebrations of Arsha Vidya Vardhini Trust





Arsha Vidya Vardhini Trust celebrated its 14<sup>th</sup> anniversary at Sowripalayam, Coimbatore on June 23, 2013.

The celebrations started in the morning with Gaṇapati pūja. Led by Sri swami sudheerananda, the students took part in akhanḍa nāma saṅkīrtan of 'Namaḥ Śivāya' mahā mantra. Sri Ramakrishnan and Smt Rajeswari conducted bhajans. Later Vedic prayers were chanted.

Sri Swami Sudheerananda welcomed the students. He thanked Pujya Swami Dayananda Saraswathi whose satya saṅkalpa was instrumental in building the Kuteeram.

Arsha Vidya means Brahma vidyā or Ātma Vidyā. For the last 13 years, Bhagavad Gita, Upanishad and other Vedantic texts were taught in the kuteeram.

We search for ānanda in outside objects. But ātma vidyā teaches that I, the subject, is ānanda. For getting ātma jñāna, 99% requirement is puruṣārtha. Only 1% requirement is prārabda.

Sri Swamiji advised the students to take adequate efforts to study Ārṣa Vidyā.

The anniversary celebrations concluded with mahā prasāda.

Report by N. Avinashilingam