## NewYear Puja and Talk at AVG

## Swami Shankaranandaji's exercepts



Our way is to start Newyear is with a prayer.

Best prayer is May I have the capacity to accept what comes my way with peace and serene. May I have the capacity not to resist whatever comes to me in my life. May I accept what comes gladly and then exercise my freedom to respond in the most appropriate way. Human being's freedom lies in its ability to respond in the appropriate way, not in changing the situation. Situations come, Situations go. What I make of it is what makes the difference. So that is what makes our whole tradition different.

We begin with a prayer because we know there are several hidden variables in life. What unfolds tomorrow we do not know.

We grow as mature being and once that maturity is there, there is nothing more to be done in life because we are able to live with contentment.

## Swami Sadatmanandaji's exercepts

At the outset, I wish you all a very Happy New Year 2020. New year celebration is ..as can be seen as a gesture of welcoming Ishwara who is in the form of kalah -time principle-Kala Devatha. And this kala is generally divided into three parts-past present and future. There is a matured way of handling all three kalas .Past to be used for learning. We learn from the Past. Present we use to express our gratitude to the God for what is given and Future we are ready to welcome.



And we pray to Ishwara "May we have this prayerfulness in the heart and readiness to do what is to be done. Then with open arms we can welcome this new year 2020. I wish you a very very happy new year 2020.

## Swami Jagatmanandaji's exercepts (Tamil speech translated in English)

I wish all of you who have come to have dharshan of Lord Dakshinamurti and Pujya Swamiji, a bright, prosperous, healthy and wealthy Newyear. Every one expected a calamity might struck around the last week of 2019 because of six planets are getting aligned in straight line. Nothing of that sort really happened. This dhanur rasi is Guru's own house. Any planets entering here will be under the control of Guru and hence nothing adverse will come. Similarly we also under the blessings of Dakshinamurti and Pujya Swamiji will never come under any adverse situation.



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