

Thanksgiving Family Vedanta Course for Adults

Nov - 27-30-2014 AVG SAYLORSBURG PA.



Campers with Swamiji

REPORT

The course started with an Orientation and *Satsang* for adults by Swami Tattvavidanandaji. Swamiji took a few verses from Mundakopanishad explaining *dhyanam*. The verses Swamiji dealt were from **Second Mundaka Canto II -1-4, 8-11**. Swamiji explained how *Upanishad* text differ from other knowledge. He added that there is no other knowledge other than this knowledge. Ultimate reality is one without a second is the knowledge. Upanishad is concerned with man. The knowledge of light of awareness is to be sustained by *dhyanam*. He explained that the *Upanishad* wisdom is the bow, and the arrow is the mind sharpened by *Upasana*, and that mind, (the arrow), held in the bow, (the wisdom of *Upanishad*), has to be shot to the target of knowledge (*akshram* or *OM*).

At the end of each class Swamiji conducted guided meditation. We had a **Music class** by PanditMukesh Desai. The next session was *Bhagavatam* taken by Swami Pratyagbodhanandaji. The verses were taken from *BhagavatMahima*. The verses explain the whole *Bhagavatham*. Here Gokarana teaches his father the ultimate knowledge. He explained how *adhyasa*- mistaking one thing for another -take place. *AdhyathmaVidya* alone removes all grief's. Swamiji added that *seva* and devotion alone will help one to gain knowledge. Evening class was taken by Swami Tattvavidanandaji followed by Swamiji's *Satsang*. Suddhatmachaitanya took **chanting class**.