## AYYAPPA SANGAMAM - A programme conducted by Dharma Rakshana Samiti

Dharma Rakshana Samithi is a movement started by Pujya Swami Dayananda Saraswathi to bless and guide followers of hindu dharma. Dhama Rakshana Samiti conducted "Ayyappa Sangamam", а programme on 22 December 2010 at Ayyappan Puja Sangam, Coimbatore.

More than a thousand devotees attended the programme. The programme started with vedic prayers. Spell

bounding Ayyappa bhajans were rendered. Pujya Swami Dayananda Saraswathi rendered his anugraha bhasanam.

What ever practice that helps one strengthen his free will towards dharma is



a good practice. 48 days vradha practised by Ayyappa devotees is an excellent spiritual practice. With faith and devotion vradha is practised. After completion of the vradha it gives one a feeling of victory. It gives contentment and a sense of fulfilment. This is a mastery over one's sense organs.



There is a wrong belief that fulfilling one's wishes is success. But in reality nobody ever will be able to fulfil all his desires.

One who has money to spend for himself and others have Dhanalakshmi. One who has time to spend quality time with his family members has Gruhalakshmi. One who has good health has Sowbagyalakshmi.

For one person's body there are so many claimants like mother, father, wife, children, employer and the state. One cannot say that he is the absolute owner of even his body. One is just a caretaker of his body.

When this is the position of even one's own body, then what to talk about other material things. Every thing one has is given by Iswara. So what ever the ego claims as mine is not true. Ahankara is the small insecure person. The ego cannot stand enquiry.

One should have a feeling of surrender. This is the meaning of namaha, saranam and prapthi.

Ayyappa vradha gives one atma bhala. One should fulfil his desires in a dharmic way. Only a person who manages his desires can be called a successful person.

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