

“Karma Yoga Shibhir” by Sri Swami Brahmayogananda at Anaikatti

Sri Swami
Brahmayogananda,
Yoga Shanthi
Gurukulam, Chennai
conducted a 4
day “Karma Yoga
Shibhir” from
December 31st 2009 to
January 3rd 2010 at
Arsha Vidya



Gurukulam, Anaikatti, Coimbatore. 180
Students across varied age groups and from
various parts of the country enthusiastically
participated in this camp.

During these 4 days, Swamiji took 18 classes
on the topic ‘Karma Yogam’- the Central
theme of the camp. The students, who
attentively followed these Bhagavad Gita
based sessions, could experience a strong
‘willingness to change themselves’. The
general feedback was that “Now, we have
understood clearly that the study of
Vedanta requires a well prepared mind and
Karma Yoga directly helps in this mind-
preparation process. Guruji’s Eye opening
teachings have given us a new vision to do
our day to day work with a changed
attitude”. The students further participated
in Group discussions to discuss the
learnings from these class sessions.

Other highlights of the ‘Karma Yoga
shibhir’ included Daily Puja of Sri
Dakshinamurthy, a special Ganapathy
homam on Jan 1st 2010, Daily
Sandhyavandanam, Bhagavad Gita
chanting, ‘Sathsangam with Guruji’ sessions,
Morning meditation classes, Yoga Asanas
sessions, Guru Paadha Puja, Personality
development sessions for children, Bhajans
etc.

The disciplined students were fully satisfied
with this unique camp, thanks to every
aspect of it being well planned and
organized under Swamiji’s guidance. “The
staff and management of AVG, especially
Sri Sairam, Manager, were very cooperative
and the campers expressed their gratitude
for making their stay a comfortable and
memorable one. Swamiji mentioned that
‘Arsha Vidya Gurukulam, Anaikatti, is an
ideal and suitable place for learning
Vedanta’.

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Brahmayogananda Camp

