

The sixteenth Anniversary of the Arsha Vidya Bhavan, Pondicherry



The sixteenth Anniversary of the Arsha Vidya Bhavan , Pondicherry was celebrated in a unique way under the guidance of the Arsha Vidya Acharya Swami Tattvabothananda.

Five disciples of Poojya Gurudev were invited to talk to the audience in Pondicherry on the topic SELF GROWTH —unlocking the Power within you.

On the first day Swami Suvijnanananda and Swami Sarvabutananda addressed the audience numbering hundred and eighty.

Swami Suvijnanananda in his characteristic way presented the fifteen chartered plan to unlock the hidden power within ones self.

They are the triple five sadhanas that are to be practised at the physical, oral and mental levels.

Swami Sarvabutananda in an enigmatic way said Self Growth cannot be there for the Self is Poorna which cannot be altered, changed or modified for it is the ever existent Truth , eternal in nature.

The attempt made by the seeker to understand it, gaining clarity , can be taken to be the attempt made by the seeker in Self Growth.



On the second day Swami Swasthananda and Swami Suddha Brahmananda spoke fervently. Swami Swasthananda laid stress on sravana manana and nidhidyasana which constitute the triple pillars of self Growth.

Swami Suddhabrahmananda laid stress on purification of the mind and meditation as the factors that influence Self Growth.

On the third day Swami Suddhananda stole the show by his unique talk on Self Growth. The talk was full of practical hints and examples. The audience were entranced by his talk .

Swami Tattvabothananda summed up the talks and motivated the audience in their commitment to Brahma Vidya

Swami Swasthananda

