

Yoga Camp at Dr. Shrikant Jichkar Memorial Arsha Vijnana Gurukulam

A Yoga camp was organised for seven Russian students at Dr. Shrikant Jichkar Memorial Arsha Vijnana Gurukulam, Nagpur.

A student of Gurukulam, Uma (Olga Kovaleva) has brought to Arsha Vijnana Gurukulam. seven students from Russia for this Yoga-Vedanta camp for 15 days.

Acharya Swamini Brahmaprakashananda conducted the meditation and Vedanta classes.

Acharya Manoj Kumar of Himalayan Yoga tradition conducted the Yoga classes. Smt. Uma did all the translations in Russian language for these students. They were enjoying the yoga classes, the Gurukulam atmosphere and the temple very much.

The camp started on 29 Jan 2010 and ended on 14 Feb 2010. This group left for Haridwar to see the Kumbha mela.



Swapnil Jatkar
Arsha Vijnana Gurukulam, Nagpur