

## **GANGA YOGA RETREAT**

February 23-28, 2024

At Swami Dayananda Ashram, Rishikesh

A week- long immersion in Yoga on the banks of Ganga



Asana, Pranayama, Meditation Led by Ishwarya Chaitanya

and

Patanjali Yoga Sutras Led by Swamini Svatmavidyanandaji

For more details visit www.kulahouseofyoga.com

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