

Vedanta Camp at Swami Dayananda Ashram, Rishikesh

From the 10th to the 14th of November, 2023, the Acarya Paulo Abreu Vieira, the founder of Centro Arsha Vidya in Portugal, conducted a Vedanta camp where he taught the students selected verses from the Bhagavad Gita, imparting the both the knowledge of karmayoga as well as the vision of oneness.

The group had the blessings of Swami ji Sakshakrtananda in the form of his presence and also in the form of two Vedanta classes, the first taking place at the beginning of the camp and the second at the end. Swami ji spoke about the history of the Dayananda Ashram and also about the greatness of Puja Swami Dayananda. Then he taught the students that the self is different from all the roles that we play in life, imparting in a brilliant way the knowledge that consciousness is always untouched by the problems and frictions that are part of playing roles.

The students had also the opportunity of attending Yoga classes since the group had two Yoga teachers, Sónia Monteiro and Sónia Vilela, both Portuguese.

This was an opportunity to all the students, some from Portugal and others from Brasil, to experience in firsthand the life style in a Vedanta ashram. They all enjoyed and were enriched by the experience and the teaching.

