



Arsha Vidya Gurukulam
(Sruti Seva Trust), Anaikatti

*is pleased to announce
residential retreats with*

Swami Shankarananda Saraswati



Kathopanishad II

RETREAT ID
VE23-04

**28th May – 3rd Jun
2023**

This retreat is the first half of a two week study of the *Upanishad*. It will be dwelling on the second *valli* of *Kathopanishad*. It will begin with a brief introduction to the teaching as well as the first *valli* of the *Upanishad* (which was covered in detail in the retreat Kathopanishad-I in Dec 2022).

Those who can attend only one week may plan to attend this retreat instead of Kathopanishad III.

Kathopanishad III

RETREAT ID
VE23-05

**4th Jun – 10th Jun
2023**

This retreat will be a continuation of the previous retreat (Kathopanishad II) and will have a minimal introduction. It will cover the 3rd and 4th *valli* of *Kathopanishad*.

Guided Meditations and Q&A sessions are part of the program

For registration, please visit <https://arshavidya.in/camps-retreats/>

For further details, kindly contact the office through phone or email

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