

CURRICULUM OF SIXTH LONG TERM COURSE AT ANAIKATTI, COIMBATORE DURING 2019-2022

The curriculum of the long term course conducted by Swami Sadatmananda saraswati at Arsha Vidya Gurukulam, Anaikatti, Coimbatore during 2019 - 2022 .

108 DAY-COURSE (Sept. to Dec. 2019):

Bhagavad Gita (Mulam)	148 classes
PRAKARANA GRANTHA and STOTRAS	
Tattvabodah	68 classes
Shri Ganga Stotram (Satsanga)	7 sessions
Shri Sharadastotram (Satsanga)	1 session
Shri Mahalakshmyastakam (Satsanga)	1 session
Shri Annapurnastotram (Satsanga)	5 sessions
Meditation	73 classes
Sanskrit	87 classes
Chanting	73 classes
Satsanga	89 sessions
MISCELLANEOUS	
Panchanga (Satsanga)	2 sessions
Pujya swamiji's video talks (Satsanga)	11 sessions
[Spiritual Heritage of India, 11 talks]	
Q and A sessions (Wednesdays)	-

LONG TERM COURSE (Jan. 2020 to March 2022):

UPANISADS:	678 classes
Kaivalyopanisad (Mulam)	35 classes
Mundakopanisad (with Bhasyam)	170 classes
Kathopanisad (with Bhasyam)	197 classes
Mandukyopanisad (with Bhasyam, by Swami Veditatmanandaji)	20 classes
Kenopanisad (with Bhasyam)	101 classes
Taittiriopanisad (Mulam)	113 classes

Brhadaranyakopanisad (Selected mantras by Swami Sakshatkrtanandaji)	15 classes
Chandogyopanisad (Selected mantras from the entire Upanisad)	7 classes
Ishavasyopanisad (Mulam)	5 classes
Chandogyopanisad, Ch. 6 (Mulam)	13 classes
Prashnopanisad (Summary)	1 class
Aitareyopanisad (Summary)	1 class

SMRTI GRANTHA

Bhagavad Gita (with Bhasyam)	716 classes
------------------------------	-------------

BRAHMASUTRA

Catussutri (with Bhasyam)	90 classes
---------------------------	------------

PRAKARANA GRANTHA and STOTRAS: 432 classes

Vivekachudamani (selected 108 verses)	70 classes
Atmabodha	37 classes
Pratahsmaranam	6 classes
Kaupinapancakam	4 classes
Sadhanapanchakam (Satsanga)	23 sessions
Bhaja Govindam (Satsanga)	52 sessions
Upadeshasaram (Satsanga)	52 sessions
Selected verses from Lalitasahasranama (Satsanga)	4 sessions
Medhasuktam (Satsanga)	1 session
Medhasuktam (by Br. Sharanji)	7 classes
Panchadasi (Satsanga, Ch. 1~5, 9, and 15. Summary of other chapters)	169 sessions
Dakshinamurthy stotram (Satsanga)	7 sessions

GRAMMAR by ACARYA

Samasa and some lessons of Antoine Part II	64 hours
Meditation	359 classes
Sanskrit (3 levels)	
Chanting	
Satsanga	564 sessions

MISCELLANEOUS

Srigurupadapujavidhanam (Satsanga)	57 sessions
Puja practice sessions	13 sessions
Ramodanta	6 hours
Mahabharata (Satsanga)	25 sessions
Talk on the Life of Bhagavan Bhasyakara (Satsanga)	1 session
Adi Shankaracarya (Satsanga, movie)	3 sessions
Sivamanasapuja (Satsanga)	1 session
Value discussion (Satsanga)	65 sessions
Talk on Communication guideline	1 session
Talk on Indian Culture (by Swami Jagadatmanandaji)	1 session
Talk on Nana and Eka Jivavada	1 session
Talk on Twelve Darshanam	2 sessions
Pujya swamiji's video talks (Satsanga)	-
[Spiritual Heritage of India (41 talks), Drg Drsya Viveka, Pramana Vicara and other talks]	
Q and A sessions (Wednesdays)	

Prepared by Keiko Migliacci (Course Student)

“When the knowledge that your nature is wholeness is gained, what happens? Once you are the whole, you are the whole, whether you see the creation or do not see the creation, whether you do something in the world or do not do anything. The whole does not acquire a dent by your doing something, or by your not doing something. This knowledge is called liberation, freedom – the freedom everyone loves, wants and struggles for.”

- Swami Dayananda Saraswati