Swamini Sumanandaji

I am saddened to inform all of you that our beloved Swamini Sumanandaji (Dr.Heera Sehra) passed away peacefully in NJ nursing home on 04/08 at 9:40 pm. The cremation was done at Paula Funeral Home Stroudsburg, pa on 9th April. Due to Covid19 restrictions nobody from the ashram could attend the funeral ceremony, but offered our distant prayers for Amma's peaceful onward journey.

- Suddhatma, General Manager, Arsha Vidya Gurukulam, Saylorsburg, PA



Message from Swami Viditatmanadaji:

It is with great regret and a sense of loss that we received the news of the passing away of our beloved Swamini Sumanandaji. I knew her from the time she came to the Gurukulam in 1990 and have many fond memories of her love and devotion.

She became a staunch devotee of Pujya Swamiji right away and offered herself completely to Pujya Swamiji. Since she was a doctor by profession

before she came to the Gurukulam, she started monitoring the health and diet of Pujya Swamiji and went to India when Pujya Swamiji did and came to the US when Pujya Swamiji did. She provided motherly care to Pujya Swamiji.

Swamini Sumanandaji offered everything that she had to Pujya Swamiji and thus we have (now the old) lecture hall and the activity center in the Gurukulam. I am sure she must have helped Pujya Swamiji in other projects as well.

She attended the residential Vedanta course in Anaikatti from 1995 to 1998 and then spent time in studying and Sadhana both at Anaikatti and Rishikesh Ashrams. Finally she came to Saylorsburg and spent the remaining years studying and with her Sadhana while, of course, helping others as much as she could. She herself needed help in the last years and the staff and the management of the Gurukulam took good care of her. She spent last ten years in nursing homes first in Pennsylvania and then in New Jersey. While in the nursing home in New Jersey, notably Sajani and Ram took good care of her.

We will miss her presence, her love and her laughter. She was an ardent student of Vedanta and loved and respected all the Swamis and attended their classes in person whenever possible or listened to them from her room. I have no doubt that she is free from the cycle of birth and death and established in eternal peace and tranquillity. We seek her silent blessings.

With best wishes and love, Swami Viditatmananda

Message from Swami Tattvavidanandaji

I felt sad to know about Swamini Sumanandaji dropping the mortal frame. She was not only a great devotee of Pujya Swamiji but also helped and encouraged a few younger Swamis like myself. She just merged in *īśvara* and I pray that *īśvara* bestow blessings on all of us that are left behind.

- Swami Tattvavidanandaji

We immensely thank our Board member and treasurer Sri. Piyush and Smt. Abantika Shah for being there always to take care of Swamini amma with love and concern. We also thank Dr.Muttiah and Mrs.Devayani for all the help and support. We extend our thanks and appreciations to one and all for their love and time.

In Pujya Swamiji's words "Amma, your life has been a blessing to yourself and all others connected to you".