

**(009) FALOODA LEVEL GOES DOWN!**

Here is a person, an absolute miser. He has a lot of money but would not go to a restaurant because he does not want to spend the money. Some people talked to him about a milk-shake called Falooda. He wanted to have this drink, but his wife did not know how to make it. He mustered enough courage and went to a restaurant and ordered this milk-shake. The drink was brought with a straw. He began to sip. As he began sipping, the level of the milk-shake in the glass started receding. He was alarmed. He said to himself, "I have paid so much money. Alas! The level is going down." Therefore he could not drink the milk-shake nor could he just watch it! What a plight!!

Every *sukha* is like this milk-shake. As you experience it, the object is exhausted, the sense organs are tired and the mood changes. *Sukha* is possible only when all the three are in proper alignment. The object should be there in desirable quality and quantity, the senses should be fit and the mood should be proper. It is not humanly possible to keep all these three in alignment for a good length of time. It is like putting a carpet on the back of three horses and riding them at the same time.