

## A Sadhana Camp at Tiruvannamalai



Swami Suvijnanananda conducted Sadhana Camp for college lecturers at Suddhananda Ashram, Thiruvannamalai from the 9<sup>th</sup> to 12<sup>th</sup> of April.

Seven college lecturers from D.G. Vaishnav College, Chennai participated in the camp. This was a novel experience for them and they relished the camp with gusto and enthusiasm.

There were talks on various topics of Vedaanta.

Swami Suvijnanananda spoke on Nirvana Shatkam and Bhaja Govindam.

Swami Iswarananda spoke on Jeeva yatra.

Sri Satyanarayana spoke on motivation and mind control.

Sri Veerabadhran gave a bird's eye view of Saiva Siddhanam.

The ambience of the Ashram was excellent.