## Pujya Swamiji in Japan

The teachings of Pujya Swamiji entered Japan when Br. Chetana went back to Japan after completing the last three-year course on Vedanta at AVG Coimbatore, to share his knowledge with others. Soon he could establish himself as a teacher of Vedanta and the result is evident for all to see when 150 people could sit for a week and listen to Pujya Swamiji when he visited Japan for a camp on Tatvabodha from April 13 to 19.

The hall at Joenji temple in Shinjuku, Tokyo provided the right venue with excellent acoustics and beautiful look. The stage was prepared with minute care and there was no need for Pujya Swamiji to ask a wee bit of alteration. The talks were translated into Japanese by Br.Chetana simultaneously.

The programme began with meditation every day. There were two sessions of teaching in the morning with a lunch break, followed by an evening session and a question and answer in the night. The participants sat through the whole day.





Pujya Swamiji in his inimitable style unfolded the topics on the nature of self, nature of Isvara and the truth of jagat and pointed out that all of them are pervaded by one Satyam and everything else is mithya, drawing its existence from Satyam which is the truth of all the three and which is oneself.

Ashok Restaurant of Bindu and Verma and Khana Peena of Renu and Mahesvari provided the lunch for all the campers and ensured that the participants could continue their stay in the premises for the evening session.

On 16th April Pujya Swamiji visited Uchiku Daibutsu to see the mammoth standing Buddha of 120 metre tall made of bronze weighing 4000 tons. One can go inside Buddha upto 85 metres using an elevator. In the evening talk, Pujya Swamiji released the Japanese version of Stress Free Living. He also committed himself to annual visits covering different areas like Hiroshima and Kyoto.



Next day Pujya Swamiji met the Head of the Joenji Mandir, Shusuke Oikawa and exchanged pleasantries and later in the evening interacted with a senior monk of the temple to know about their tradition, teaching and lifestyle.



On the last day, after lunch, Pujya Swamiji addressed the Indian community in Megro on the occasion of Tamil New Year day. He

exhorted them not to make resolves that cannot be implemented and instead commit





oneself to restraint in words and actions when one is in reaction mode.

Pujya Swamiji left Japan on the 20th morning with people giving a tearful send off, hoping to see Swamiji next year.

A first time listener expressed that he understood the teaching well and was amazed at the clarity of exposition, simplicity and lucidity of delivery.

Report by Sakshatkrtananda