

Special Retreat Camp

Pujya Swamiji conducted A special retreat for invitees from corporate sector at Swami Dayananda Ashram, Rishikesh from 26-29th October 2014. About 100 persons participated.

Pujya Swamiji addressing the participants elaborated on the fact that everything is given to us. This includes our body, mind, sense complex. The possibilities of change and growth also are given. In this given there is vast all – encompassing order. The order implies knowledge and power, which can rest only with a conscious entity. This all-knowing all-powerful is “ISVARA” who is the “giver”. In that order, in ISVARA we can find the much sought inner leisure. With the discovery of inner leisure, one also discovers the cushion to relax, and not to be affected by the unpredictability of people’s actions and the results of one’s

actions. In the discovered trust of ISVARA, a person can look upon the results as ISVARA prasada. In the attitude of prasada, one retains the inner peace and composure.

We are all participants in this world and so we contribute to the welfare, happiness of our family, our society, our country and the world. We give our best. One excellent way to contribute is to give. In being the giver, DAATA, a person discovers ones bigness. In our culture, DAANAM is part of life. Each person and each family gives. These small small contributions keep alive various institutions and individuals.

In our understanding of the order called ISVARA we also discover our “SVADHARMA” which is our roles and to-be- done duties. The truth about the roles is that the role player is essentially free



from the roles- like an actor who plays the role of a beggar is free from the role. Father, mother, brother, sister, teacher – all these are roles which helps us earn “PUNYA”. We play our roles with the attitude of offering to ISVARA the giver.

There is a verse in the Bhagavad Gita which is a summary of the whole Gita. “**Yatah Pravrittih Bhutanam, Yena Sarvam Idam tatam, Svakarmana Tam Abhyarchya Siddhim Vindati Manavah**” this is a take home gift of teaching to all the participants.

Pujya Swamiji made all the participants recite this verse, explained the meaning and said that if we understand this verse and live our lives in that understanding, then we can know the meaning of the entire Gita and we can live in fullness.

The retreat was highlighted by Various interactive Question & Answer activities such as Sadhu Bhandara on all the four days sponsored by participants, and a visit to Swami Dayananda Saraswati School during its 10th Annul day celebration.

Swami Pratyagbodhananda ji conducted the post dinner Satsang highlighting various teachings in Srimad Bhagavatam. Swami Santatmananda ji conducted the morning meditation sessions.

Sri Sriram Parasuram the famous singer of both the classical forms of Indian music and Rukmini Vijaya kumar the well known Bharatanatayam exponent, gave performances which thrilled the appreciative participants.

The Participants expressed their feelings of blessedness in one voice.

The retreat concluded on 29th October.

Appeal from Editor

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Arsha Vidya News Letter was initiated by Pujya Swamiji to serve the purpose of proliferation of his teachings as well as important happenings within the ‘Arsha’ आर्षcommunity.

Now this Arsha community has expanded many folds with 5 major Ashrams and more than 200 Sanyasi and Brahmachari students of Pujya Swamiji teaching Vedanta, Sanskrit and allied activities across the World. This News latter is an appropriate forum for exchange of information which could benefit everyone.

More than 6000 copies this news letter are being send by e-mail, besides 600 hard copies. Also the whole archives are available in our web-site.

The **Arsha community includes** all of Pujya Swamiji’s organisations – **AIM for Seva, Dharmarakshana Samity, Chatralaya, Acarya Sabha, Sandya Gurukulam and Arsha Vidya Research & Publication division etc.**

It is here-by requested that you all may send major happenings –like completion of a course, start of a new course etc – to avgnl2014@gmail.com. We will suitable publish in our forth coming issues.