

Veda-poorva activities like vaidika rituals, physical discipline like pooja, pilgrimage, social service etc. and verbal discipline like japa, paaraayanam, kind words and so on accompanied by karma-yoga attitude helps to prepare the mind. Thus the well prepared mind ensures reduction in ahankara, mamakara and mind expansion happens through the understanding of viswaroopa Isvara (understanding that all that is here is Isvara). Such a ready mind can accomplish self-knowledge by studying vedanta, systematically and consistently under a competent guru for a length of time and attain Jnanam!. With this introduction, we continue from last year and now enter verse 22.

Jnani and Jnana-nishta

For such a jnani, the karma, upasana and veda, having done their part, has no more relevant. On the other hand, for the ajnani mere indulgence in karma and upasana has no consequence if it is not leading to jnana. By the fire of knowledge the sancita and agami karma are destroyed for the jnani and prarabhdha karma is exhausted by undergoing its experience.

Brahma or atma svaroopam

Of seer and seen, the absolute seer (caitanya vastu) is satyam brahman and whatever seen is mitya. Ishvara is with maya-upadhi and jiva is with avidya-upadhi. Brahman transcends both. Brahman itself being formless and nirgunam, with maya upadi, manifest with form and gunas. The karyams (effect) being not different from its karanam (cause), whatever manifested as universe is none other than brahman itself. Also whatever one experiences in waking, sleeping and deep-sleep is brahman alone. Thus there exists nothing other brahman.

VEDĀNTA LECTURES IN AUSTRIA

by Swami Svātmananda

(Aug 6th -20th, 2016)

Course 1:	Course 2:
A. INTRODUCTION TO VEDĀNTA (7th - 8th)	A. TATTVABODHA (14th -19 th)
B. KENA UPANIṢAD (9th - 12th)	

In addition, there will be daily yoga Asana and meditation practice.

LOCATION: Lectures will be held at the Kriya Yoga Centre (KYC), located in Tattendorf, which is near Baden, Austria.

REGISTRATION: Space is limited so please sign up by emailing any or both of the contacts provided below:

1. Judith at judithkassanits@yahoo.com
2. Swamiji at svatmananda@gmail.com

ABOUT SWAMI SVĀTMANANDA:

Swami Svātmananda Saraswati is a disciple of Pujya Swami Dayananda Saraswati since 2003 and completed an intense study of Vedānta in a traditional three-year course in 2007 in Nagpur, India. In addition to teaching Vedānta, he counsels individually and lectures to groups worldwide on Hatha yoga, Meditation, Jyotisha (Vedic astrology), Ayurveda (Vedic medicine), Vāstu (Vedic architecture), and Sanskrit.