

SWAMINI SATYAVRATANANDA'S GITA CAMP

Swamini Satyavratana conducted a Gita bhasyam camp at AVG, Anaikatti in Telugu from May 10, 2016 to May 19, 2016. This camp had 32 participants.

The students attended morning puja at Dakshinamurthy temple. Next, the students were taught the practice of yoga. Swamini taught Bhagavad Gita Bhasyam of Chapter II in four sessions daily. The students also had sessions of Gita chanting and Stotra mala chanting. In the evenings the students were taught deep relaxation technique. This was followed by a class on the theory of yoga. Later the students attended puja at Dakshinamurthy temple. The satsang session witnessed bhajans, jyoti trataka (concentration on the flame of a lamp) and cultural quiz.

The students enthusiastically participated in all the sessions of the ten days camp. The students enjoyed learning the profound message of the Gita in a wonderful spiritual setting.

Swamini Satyavratana is a disciple of Pujya Swami Dayananda Saraswati and Swami Paramarthananda. For over 18 years, she is conducting weekly classes in English and Telugu at Chennai on Vedantic texts in the name 'Akshara Vidya Trust'. She also conducts jnana yagnas at Guntur, Kavali and Nellore. She conducts annual 'Nadopasana' at Chennai, where she explains the implied meaning of Saint Tyagaraja's compositions. She has penned a few booklets on spiritual topics in Telugu and English. One can visit her website www.swaminisatyavratana.org to know more of her contribution to Hindu dharma.



-Report by N. Avinashilingam