

vedanta

The yoga of objectivity

Four-day intensive Vedanta retreat

Witzenhausen, Germany 31 July - 3 August 2014

Selected verses from Vivekacudamani - The Jewel of Discrimination

During this four-day retreat in Germany, you will be given the unique opportunity to be exposed to the spiritual teaching of Vedanta. You will share this retreat with a small group of individuals who like you are interested in learning more about oneself. The exposure to the vision of Vedanta in a natural environment and without any distractions can truly bring about a major shift in perspective and transform your entire life.

The retreat will cover:

Selected verses from Vivekacudamani - The Jewel of Discrimination

Vivekacudamani is a popular text on Vedanta attributed to Adi Sankaracharya that is studied by many people in the advaita-tradition. It exposes one to various methods of teaching used in the different Upanishads.

In the beginning of this text, the student asks his teacher a few questions: what does this bondage consist of? How did it come about? What is liberation? How is it possible? What is the self and the non-self? How to understand the difference between the two? In the process, the entire vision of Vedanta is unfolded in a very lucid manner. The study of this text enables one to have a strong foundation which is essential for further in-depth study of Vedanta.

The teaching of this text will be reinforced with dialogue sessions and guided meditations.

Location and accommodation

The retreat will take place in Germany between Kassel and Göttingen in Witzenhausen.

Multi-bed rooms or the possibility to camp are available for participants.

It is in a beautiful countryside with quiet nature around, which makes it an ideal location to inquire and contemplate into realities of existence.

Dates - 31 July-3 August 2014

We suggest that the participants arrive at the venue on 30 July, one day before the beginning of the intensive course. The classes start on July 31 early morning and end on 3 August after lunch.

Retreat schedule

- 6:30 - 7:00 Guided meditation
- 7:00 - 7:30 Breakfast
- 8:00 - 9:15 Vivekacudamani 1
- 9:30 - 10:30 Optional activity (Yoga classes)
- 10:30 - 11:00 Tea break
- 11:00 - 12:15 Vivekacudamani 2
- 13:00 Lunch
- 13:00 - 15:30 Free time
- 15:30 - 16:00 Tea break
- 16:00 - 17:15 Vivekacudamani 3
- 17:30 - 18:30 Nature walks or meditative movements of Tai Chi
- 19:00 - 20:00 Dinner
- 20:15 - 21:00 Discussion

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Cost

The cost of this retreat consists in a donation to venue of the retreat (covering accommodation and three vegetarian meals per day) and teacher fees (covering all Vedanta sessions, course material, accommodation and travel expenses of the teacher).

Donation to retreat center is:

Euro 45 per person per day, all 4 days 180 Euro
(accommodation, 3 vegetarian meals per day, teaching room)

The teacher fees are

Euro 150-250Euro per person

Travel expenses to and out of retreat center are not included. Transportation from train station and airport by taxi have to be arranged by participants.

For more details call *Anne Löper* +49-151-55661132.

Pre-registration and payment

Participants are advised to pre-register at <http://www.discovervedanta.com/contact.htm>, fill in all their address details and mention the retreat name and dates. Closing date for registration for this retreat is July 21 2014.

The final registration and payment will take place on the first day during the orientation meeting.

Cancellation

We do not charge any cancellation fee since we take the pre-registration as a firm commitment. If for any unexpected reason participants are not able to attend the retreat, we would appreciate receiving their request for cancellation at discovervedanta@gmail.com before July 21 2014. It will give a chance to another person to join this retreat.

Vedanta, Being alive to what is
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