

SUMEDHA-2018

Aarsha Samskriti, Hyderabad conducted successfully **SUMEDHA-2018**; A Self Development Contest for Children, in two groups, called juniors (6 to 7 standard) and Seniors (8 to 10 standard).

Junior category were provided two comprehensions with the theme **'No Real Success without Hard Work'** which they to read and answer related questions. Idea was to inculcate certain values.

Seniors were provided a booklet **'Letter to a Student'** published by Ramakrishna Math on topics like how to avoid diseases, confidence, importance of good hand-writing, difference between mugging notes and understanding the lesson, balanced and healthy mind, how to cultivate concentration, significance of the time-table.



By the grace of Ishwara and Gurus, we are able to reach 93 schools in 4 districts (Hyderabad, Siddipet, Medchal and RangaReddy) of Telangana State. The success and credit goes to our volunteers in the rural and urban areas in spending their time and energy to reach the Schools in the villages. Our major contributors are **'Arsha Dharma Seva Trust, Bangaluru'** & **'Students of Sivananda Ashram Yoga Camp, Val Morin, Quebec, Canada'** and local supporters at the school level.

21,894 students took part in the SUMEDHA-2018 contest and 1463 number of students got the prizes and 1,463. 8 volunteers were involved.

Report by Srinivas Pulluri

More pictures can seen in wrapper 3