

Pujya Swamiji's Talks in Erode

Pujya Sri Swamiji arrived at Erode on the evening of the 11th of December, 2010. The students of Arsha Vidya Vruksham welcomed Pujya Swamiji with purnakumbha and Vedic chanting.

The first day's talk started at 6.00 pm at Vellalar College for Women at Thindal. Pujya Swamiji spoke on the topic "Vazhkaye Yogam" for two days. He started the topic with the first verse in Bhagavd Gita and continued with the topic of Karma Yoga. In the final session, Pujya Swamiji said dissociation from association with dukha is Yoga and that has to be understood properly in day-to-day life.



Apart from the public talk, Pujya Swamiji spoke on "Stress Free Living" at Hotel Club Milange in Erode town. Around four hundred people attended the talks. In these two sessions, Pujya Swamiji spoke on stress free relationship in day-to-day life and conducted guided meditation.

Arsha Vidya Vruksham students arranged the two days programme in Erode.

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