

**Schedule of Classes  
of  
Sadhvi Vrnda Chaitanya  
Arsha Vijnana Gurukulam  
Website: [www.arshavm.org](http://www.arshavm.org)**

All classes are Eastern US times.  
(Online classes can be accessed through [www.arshavm.org](http://www.arshavm.org))

Day	Time	Subject
<b>Monday Tuesday</b>	9:00-10:00 pm	Atmabodha
<b>Wednesday</b>	6-7 pm 8:00-9:00 pm 4:15-5:30 pm	Intermediate Sanskrit Bhagavad Gita Chapter 6 Vivekachudamani
<b>Thursday</b>	9:00-10:00 pm	Atmabodha
<b>Friday</b>	4:15-5:30 pm	Vivekachudamani
<b>Saturday Sunday</b>	4:15-5:30 pm	Vivekachudamani

April 5-9: Eugene Public Talks: (see attached flier for more details)  
Understanding Oneself: Vedanta, Psychology and the Unconscious

(Will also be live webcast)

April 5-9 (Mon thru Fri) from 10:00 pm -11:15 pm Eastern Time  
Continuing Online classes will be suspended for the week of April 5-9

Washington DC Monthly Seminar at the Siva Vishnu Temple  
(one weekend a month from 9 am to 12 noon, will be webcast live)  
Aparokshanubhuti (The direct understanding of oneself as the whole)

Saturday April 17th and Sunday April 18th 9 am to 12:00 noon,  
and on the first Saturday and Sunday of each month thereafter.

August 16-21

Purna Vidya Training with Pujya Swamiji,  
assisted by Sadhvi Vrnda Chaitanya,  
Arsha Vidya Gurukulam, Saylorsburg.

To register, call Smt. Vimala at 570-992-0241

Arsha Vijnana Mandiram,  
2935, Beaty Road, Pavo, GA, USA 31778, Ph.229-859-9959