

AKSHARA VIDYA TRUST'S CAMP

Swamini Satyavratananda, founder of Akshara Vidya Trust takes weekly Vedanta classes in Chennai in English and Telugu. They conduct annual jnana yagna at Nellore in Telugu which attract more than 600 students.

The Trust held a Sadhana camp in English from May 21 to May 26, 2016 at AVG, Anaikatti. 45 students from Chennai, Hyderabad, Mumbai and Coimbatore participated.

The main theme of the camp was an intensive study of **SVETASVATARA UPANISHAD** moolam in four sessions daily. The classes were interspersed with pearls of wisdom to help in implementing the message in one's own life. Swamini Satyavratananda gave a holistic exposition of the Upanishad with practice of asthanaga yoga.

In the mornings, the students were trained in practice of yoga by Sri Mahesh. The daily schedule included chanting of stotras and Gita. During satsangh the campers participated in cultural quiz. It also witnessed enthusiastic singing of 'Bharata desa hithaya' composed by Pujya Swami Dayananda Saraswati which is the theme song of AIM for Seva.



Swamini Satyavratananda



Class session under progress

During the sessions, Swamini stressed the words of her Guru, Swami Paramarthananda, **"Systematic study of scriptures for a length of time from a competent and live Guru"**. Only such a committed study could lead to inner transformation or else it remains mere information.

Swamini stressed on the need for upasana to purify the mind so that one could obtain the required qualification to pursue Vedantic study.

The students expressed their happiness about their fruitful Vedanta study and about their comfortable stay in the Gurukulam.

-Report by N. Avinashilingam