

Swami Tannishtananda's Camp

India is a land of rich heritage where culture and tradition, where respecting your elders and your teachers is deep-rooted in every individual who resides in this country. The teachings of our “gurus” are still believed by one and all in this country. Hence, without the teachings of our gurus, it is virtually impossible to see the seven paths of life.

Teaching is done in many ways in this country. Some do it as a form of business, while some use it to spread knowledge about the things written in Vedas, Upanishads, Gita and other holy scriptures of this holy land. Guru Swami Tannistha Nanda Saraswati is one of those people who uses the medium of teaching to spread knowledge about our holy scriptures. Moreover, he is accepted as a spiritual guru in many parts of Odisha.

From 1st of June to the 5th, we were in Rishikesh where swamiji taught us about the Mundaka Upanishad and Jeevan Mukta Gita. Rishikesh is situated on the banks of river Ganga and swamiji’s Dayanand Saraswati ashram is situated right across the river.

The daily routine of the Ashram comprised of getting up at 4:30a.m in the morning and having tea. Then the first session started from 8:30a.m to 9:30a.m of the Mundaka Upanishad. The second session started from 11-12 to 4-5 in the evening of Jeevan Mukta Gita. This continued till 5 days. Moreover, Meditation and Satsang were part of the everyday program.

The 50 participants for this 5 day programme came from various parts of Odisha. The environment and the accommodation provided to us was very good. Everyone who participated in this programme enjoyed themselves to the fullest.



The sound of the Ganga river gushing through was a real joy to watch and the feeling that came to mind at that point of time was that “I have reached the heavens where I am meeting the god almighty”. One of the most amazing things that I saw there was that, people from all over the world come to rishikesh and accept our Indian culture, tradition as their own. They read our holy scriptures and become a part of our rich heritage.



However, the beauty of the river Ganges has been destroyed by the garbage and the waste that is thrown there by people like us. The biggest problem at this time is to get our sacred river clean and this is something we have to do collectively. The only thing that is needed is awareness. Hopefully, people will understand this and do the needful to clean the river Ganga.



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Editor