

Address to the Paramedical Students



Br. Girija gave an orientation to the first year students of K.G college of health science. The Programme was organised by Dr Raji Principal of the college. There were about sixty students both boys and girls in the age group of seventeen. Br Girija gave the formula for success in achieving goal in one's life carrier.

**उद्यमं साहसं धैर्यं बुद्धिः शक्तिः पराक्रमः ।
षडेते यत्र वर्तन्ते तत्र देवो सहायकृत् ॥**



She gave six guide lines for success. The first one being Udyamam- effort is necessary to be successful. She cited a few examples to show how effort is important like weight lifting how you set the goal of increasing the Weight step by step. The second one she gave was Sahasam-enthusiasm or enterprise-like New Year vow of writing diary. The next one courage. Volume of a book frightens – which is common to everyone she quoted the volume of the anatomy book. Positive thinking of I can do it was well brought forth with a few Incidence. Courage has to be backed up by wisdom This is the fourth guideline. I can do it which must be Backed up by wisdom. Wisdom is the knowhow. Always Set a goal. Planning is necessary in one's life for success. This was backed by a few situations. Shakti is the man power is to seek outside help, which was taken by the speaker. Don't feel shy to seek help.

Ignorant is our original capital so seek help when you are not able to understand. Finally Parakrama she said that the students should be alert and creative and take care of the obstructions. Without challenges there is no fun. All these six are found in whom lord also helps that Person. There is always something which makes the difference between success and failure. That has to be taken care of and that factor is Ishwara's grace.

Br. Girija concluded her address as how one learns

**आचार्यात् पादमादत्ते पादं शिष्यः स्वमेधया ।
सन्नहमचारिभ्यः पादं पादं कालक्रमेण च ॥**

as one fourth through teacher, one fourth by themselves, one fourth through their friends and one fourth in due course of time. Then there was a question and answer session which was well answered by the speaker. The session concluded by vote of thanks by the class co-ordinator Mrs. Gita.

Report by Br. Radha