

Swami Guruparananda's Talks on Kasi Panchakam



TALKS AT TIRUPUR: Swami Guruparanda gave a talk on "KASI PANCHAKAM" at Sri Ramakrishna Vidyalaya Higher Secondary School, Tirupur on Dec 29, 2013. KASI PANCHAKAM is a niddiyasana grantha.

BENEFITS OF PILGRIMAGE: Swamiji told that we get many benefits from pilgrimage like experiencing a quiet mind at the

place of tapas of Mahatamas, reduction in papa karma, purification of mind, cultivating values due to sat sangha and getting rid of fear.

VERSE 1: To reach the Ganga, we use Manikarnika ghat of Kashi. Similarly for

SWAMI GURUPARANANDA: Pujya Swami Dayananda Sarasvati has initiated Swami Guruparananda into the Sannyasa order. Swami Guruparananda has stayed with Swami Paramarthananda for six years and studied Vedanta and Sanskrit. He has been teaching Vedantic texts in Tamil in Chennai since 1992. He elucidates these texts in a methodical and elaborate manner and drives home the relevance of this knowledge in our daily life.

WEB SITE: In the website www.poornalayam.org his talks in Tamil on all important Vedantic texts are available online. A few books that he has authored are available online, both in English and Tamil.



getting atma jnana, we use a quiet mind, which is free from longing for worldly objects. Kasi is our atma swarupa.

VERSE 2: Brahma Satyam, Jagat mitya. From which Ishwara, the jagat has manifested is Kasi or atma swarupa. From that atma swarupa, this moving and non-moving life forms and the mind have manifested.

VERSE 3: Bhavani is our buddhi. Siva is our atma. Kasi is our atmaswarupa. Bhavani as maya tatvam is present in the buddhi of all living beings. Siva as sakshi chaitanyam is present in all living beings. With our buddhi, we should understand Siva.

VERSE 4: In the sthula sarira, which is Kasi, atma which is also Kasi resides and shines. The Sadaka who understands the atma, which is Kasi gains moksha, which is also Kasi.

VERSE 5: Kasi is the sarira. Ganga is the mind. Gaya is bakthi and sradha. Prayaga is Guru seva. When all the pilgrim centres are there in our sarira, there is no need to go for pilgrimage anywhere else.

LAST SADANA: The last sadana is growing out of the need to do any sadana, due to understanding atma tatvam.

Report by N. Avinashilingam

