

Healthy Attitudes and Values

Three-day Talk-series by Pujya Swamiji at Abu Dhabi

Abu Dhabi was blessed and filled with the aura of the divine presence of Pujya Swamiji from the 16th to the 18th December 2011. The Abu Dhabi branches of Aim for Seva and Purna Vidya had organized the three-day talk by Pujya Swamiji on the topic “Healthy Attitudes and Values”.

2011 being the Satabhishekam year for Pujya Swamiji, it was a special privilege and opportunity for the people of Abu Dhabi to meet and receive his blessings. The three day talk was held in the HCT Auditorium of the Abu Dhabi Men’s College. The 400 seat auditorium was packed to capacity on all the three days of the talks.



The talk was inaugurated on the 16th December by Mr S N Raoji, who is a well known businessman who currently owns and operates state of the art steel smelters in the UAE and has held various positions including Chairmanship of the Indian School, Dubai. After garlanding Pujya Swamiji, Raoji introduced him as one Swamiji as one whose teaching showed us the absolute reality, knowing which we gained fulfillment in our lives.

Pujya Swamiji commenced his talks in his inimitable fashion, referring to “attitudes” as a very important dimension of all human problems with an apt example of how one’s attitude could change based on the knowledge or understanding of the background of the situation.



Pujya Swamiji dealt with a few significant issues that would lead one to “healthy or appropriate attitudes” on 16th and 17th starting with one’s attitudes towards one’s body and our self-image born out of our family background, skill sets, our academic and professional achievements and so on. He went on to explaining the proper attitude towards money and success – one has to manage likes and dislikes and not come under their spell – such management skills come purely from one’s healthy attitude. This led to a beautiful explanation of prasada buddhi.

On the final day, Pujya Swamiji nicely connected “attitudes” with “values” by introducing the concept of “Karmasu

Kausalam yoga:” underlying the importance of values that needs to prevail over or supplement one’s proper attitude.

At the end of the three-day talks, everyone present expressed their gratitude by offering their Guru Dakshina to Pujya Swamiji and obtained Swamiji’s blessings and “yajna prasadam”. There was elation and huge round of applause when we announced that in 2012 Abu Dhabi will have a 5-day talk by Pujya Swamiji.

During his visit, Pujya Swamiji started a Gita Home Study class for the first time in Abu Dhabi. We are really fortunate that Swamiji inaugurated the class for us.

By Gopal S Gopalakrishnan

