

“Karma Yoga Shibhir” by Sri Swami Brahmayogananda at Anaikatti

Sri Swami
Brahmayogananda,
Yoga Shanthi
Gurukulam, Chennai
conducted a 4
day “Karma Yoga
Shibhir” from
December 31st 2009 to
January 3rd 2010 at
Arsha Vidya



Gurukulam, Anaikatti, Coimbatore. 180 Students across varied age groups and from various parts of the country enthusiastically participated in this camp.

During these 4 days, Swamiji took 18 classes on the topic ‘Karma Yogam’- the Central theme of the camp. The students, who attentively followed these Bhagavad Gita based sessions, could experience a strong ‘willingness to change themselves’. The general feedback was that “Now, we have understood clearly that the study of Vedanta requires a well prepared mind and Karma Yoga directly helps in this mind-preparation process. Guruji’s Eye opening teachings have given us a new vision to do our day to day work with a changed attitude”. The students further participated in Group discussions to discuss the learnings from these class sessions.

Other highlights of the ‘Karma Yoga shibhir’ included Daily Puja of Sri Dakshinamurthy, a special Ganapathy homam on Jan 1st 2010, Daily Sandhyavandanam, Bhagavad Gita chanting, ‘Sathsangam with Guruji’ sessions, Morning meditation classes, Yoga Asanas sessions, Guru Paadha Puja, Personality development sessions for children, Bhajans etc.

The disciplined students were fully satisfied with this unique camp, thanks to every aspect of it being well planned and organized under Swamiji’s guidance. “The staff and management of AVG, especially Sri Sairam, Manager, were very cooperative and the campers expressed their gratitude for making their stay a comfortable and memorable one. Swamiji mentioned that ‘Arsha Vidya Gurukulam, Anaikatti, is an ideal and suitable place for learning Vedanta’.

Arsha Vidya Newsletter

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Brahmayogananda Camp

