

## Swami Sadatmananda Address at The Auditor's Association

*Pujya Swami Dayananda Sarasvati has initiated Swami Sadatmananda into sannyasa in 1997. Swami Sadatmananda has been teaching Vedanta and Sanskrit at Bengaluru from 1994. He has also been teaching Upanisads at Kailash Ashram, Rishikesh for a month for the last two years. Now he has been appointed as Acharya at AVG, Anaikatti to conduct the fifth long term course starting from May 2014.*

### ADDRESS AT AUDITORS ASSOCIATION:

Swami Sadatmananda addressed the meeting organized by The Auditors Association of Southern India jointly with Coimbatore Branch of The Institute of Chartered Accountants of India at R S Puram, Coimbatore on January 31, 2014 on the **Message of Bhagavad Gita.**





Pandavas. Pandavas tried to avoid the war. They tried sama (reconciliation), dhana (partially giving up the rights) and beda (diplomacy). Kauravas did not yield. Pandavas had to go for danda (punishment). Hence Pandavas finally had to fight the war to establish dharma. Arjuna when he saw the relatives on the other side, was under the spell of attachment. He forgot that his duty was to fight against adharma.

#### **GITA:**

Swamiji told that Bhagavad Gita means the divine song. This is popular all over the country. It has 700 verses. Veda Vyasa wrote it. It is a part of Mahabharata. It is a dialogue between Lord Krishna and the warrior Arjuna.

#### **BACK GROUND:**

Pandavas and Kauravas were cousins. Kauravas had taken away the kingdom of

#### **SURRENDER TO LORD KRISHNA:**

Arjuna discovered that his problem was confusion of what was right and what was not right. He also discovered that he was helpless in solving the problem. He had confidence in Lord Krishna that the Lord can solve his problem. He surrendered to the Lord.





### **TEACHING BY LORD KRISHNA:**

Lord Krishna told that wise people do not grieve. Wisdom is knowledge of the limitless. For qualifying for such a wisdom, one should know what is karma, what is karma phala and who is the giver of karma phala.

### **WISDOM REGARDING KARMA:**

One should do duty based karma, one may choose to do desire based karma without transgressing dharma and totally avoid prohibitory actions. One should do action as an offering to Ishwara. This is wisdom regarding karma.

### **WISDOM REGARDING KARMA PHALA:**

The result of one's action can be more than one's expectation, less than one's expectation, equal to one's expectation or

opposite of one's expectation. One should be ready for any of these four possibilities. One should accept gracefully and humbly whatever may be the result as a prasada from Ishwara. Acceptance with objectivity is a sign of maturity. This is wisdom regarding karma phala.

### **WISDOM REGARDING KARMA PHALA DATA:**

One cannot decide what would be the result of one's actions. The results are

based on what one has done in this life or a previous life. The results come from Ishwara, who is the giver of the result of one's action. One should do his best with Ishwara arpana buddhi. One should accept the result as a benediction from Ishwara with prasada buddhi. This is wisdom regarding karma phala data.

### **BENEFIT OF THIS WISDOM :**

When one does proper action with proper attitude it is karma yoga. Then one would have a prepared mind to understand the ultimate teaching. The ultimate teaching is I am ever free. After understanding the ultimate teaching one would be free from all conflicts and worries. One would be at ease with oneself and one would be at ease with the world. One would have total peace and contentment.

*Report by N. Avinashilingam*