



VEDANTA CLASSES & OTHER ACTIVITIES

at
YOGA SHANTHI GURUKULAM,
CHENNAI

Vedanta Classes in Tamil, are regularly being conducted at Yoga Shanthi Gurukulam, West Mambalam by Sri Swami Brahmayogananda ji

The Weekly Vedanta Class Schedule is as under:

SI No	CLASSES	DAY	TIMINGS
1	Bhagavad Gita- Moolam	Tuesday	7.00 PM -8.00 PM
2	Aparoksha Anubhoothi	Thursday	7.00 PM - 8.00 PM
3	Viveka Choodamani	Saturday	6.30 AM - 7.30 AM
4	Kathopanishad	Saturday	7.00 PM - 8.00 PM
5	Patanjali Yoga Sutram	Sunday	7.00 AM - 8.00 AM
6	Bhagavad Gita- Sankara Bhashyam	Sunday	5.30 PM - 7.00 PM

ALL ARE WELCOME!!!

Other Activities at the Gurukulam

The following are the other activities that are regularly being conducted:

- Abhishekham & Puja to Sri Medha Dakshinamurthy on all Thursdays between 5 AM and 6 AM
- Bhagavad Gita Sloka Chanting on all Fridays between 7.30 PM and 8.15 PM
- Regular Yoga courses comprising of Asanas, Pranayama and Meditation for Adults & Children
- Spiritual camps for Saadhakaas- 3 to 4 in a year
- Celebration of important days like Guru Purnima, traditional festivals and Janma Jayanthi of Spiritual Gurus like Pujyasri Swami Dayananda ji

Note: MP3 CDs of Swamiji's Vedanta classes are available at the Gurukulam- For details, you may contact 99400-42623

VENUE: Sri Veda Vyasa Sathsang Hall

Yoga Shanthi Gurukulam, West Mambalam, Chennai

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