

Sravanam in Bavaria, Germany

In 2013 a group of yogis from Germany visited Anaikkati Gurukulam enroute their pilgrimage in South India to seek blessings of Pujya Swamiji. Being a student of the long term Vedanta course I was introduced to them by Swami Tattvarupanandaji. Pujya Swamiji encouraged me to go and introduce the basic concepts in Vedanta. Hence after the course completion and seeking His Blessings I visited the yoga ashram in countryside of Bavaria in Germany.



It was a joy to share the gems of Vedic wisdom present in Ramayana, Mahabharata, stories of Prahlada, Dhruva from Bhagavatam, how Arjunas depression changed to inspiration through Bhagavad Gita etc. On June 21 , International Yoga Day , we reflected on YOGA - the precious gift of Rishis to the world and passport to perfect health. Pujya Swamiji calls this Body-Mind-Werkzeug (instrument) a BMW which takes us to the destination of peace. There were some serious yogis who are devoted not just to discipline of asanas and pranayama but also do sravanam of Shankaracharya texts like bhaja Govindam, Viveka Chudamani, Aparoksha Anubhuti, Bhagavad Gita verse by verse, who chant the Sahasranamas and end the day with satsang, Arati and prasaadam. All expressed their eagerness to visit AVGS , learn more about Pujya Swamiji and support Swamijis commitment towards dharma and AIMS activities.

My dream had been to be instrumental in bringing the teaching methodologies of Vedanta to the west (Germany) and I dedicate this opportunity to the parama Guru - Pujya Swami Dayananda Saraswati , who is the greatest inspiration.

Report by Swamini Sumatmananda